

## Activities

### Registered Members Are Eligible To Attend

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**D02. GERMAN CONVERSATION TABLE** **Wightman Cup Room** **Limit: 25**  
**Jan. 25, Feb. 1, 8, 15, 22, Mar. 1, 15, 22, 29, Apr. 5, 12, 19** **Monday, Noon to 1:00 P.M.**

**Coordinator:** **Frauke Carlucci**, a native of Germany, spent her life adapting to many diverse cultures and languages in Europe, South America and the United States and throughout her professional years as a translator and teacher. She greatly welcomes the opportunity to still challenge herself and others through discussions of diverse topics of interest.

**Description:** Wir wollen Spass beim Deutschsprechen haben. Man muss die Sprache nicht fließend beherrschen um teilzunehmen, sollte aber genügend Sprachkenntnisse besitzen um lesen und an den Diskussionen mitmachen zu können. Jeder soll dran kommen und mit seinen Interessen das Zusammentreffen interessant gestalten. Wir lesen und besprechen Zeitungsartikel und sonstigen Stoff aller Art. Dieser Tisch ist kein Sprachkursus, wir helfen aber gern nach Bedarf. Je nach Lust bringen Sie auch einen Imbiss mit.

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**D03. SPANISH CONVERSATION TABLE** **Wightman Cup Room** **Limit: 20**  
**Jan. 26, Feb. 2, 9, 16, 23, Mar. 2, 16, 23, 30, Apr. 6, 13, 20** **Tuesday, Noon to 1:00 P.M.**

**Coordinator:** **Philip Little** graduated from the American Community School in Buenos Aires, Argentina where the Spanish curriculum was required through the seventh grade. Phil grew up bilingual. He is a retired structural engineer, with a B.S. from Duke University and an M.S. from the University of Illinois. He makes yearly trips to Argentina to visit family and friends.

**Description:** Enjoy speaking Spanish with your classmates. In the conversation table, we spend time reading and discussing different topics of interest to the group. This is not an instructional course in Spanish. You need to know enough Spanish to be able to read and interact with the rest of the class.

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**D04. FRENCH CONVERSATION TABLE** **Wightman Cup Room** **Limit: 20**  
**Jan. 27, Feb. 3, 10, 17, 24, Mar. 3, 17, 24, 31, Apr. 7, 14, 21** **Wednesday, Noon to 1:00 P.M.**

**Coordinators:** **Anne and Didier de Vulpillières** are natives of France, who have lived in the United States for more than 30 years. Anne is an accomplished artist who also tutors French conversation at home. She has moderated the French Conversation Table for several years. Didier holds an engineering degree from France, and an M.B.A. in international operations from Michigan State.

**Description:** La Table de Conversation Française est un lieu de rencontre de personnes ayant en commun un intérêt dans la langue française et dans l'approfondissement de leur connaissance de sa culture. Les séances sont organisées autour de la lecture d'articles de journaux ou de magazines, lus et commentés par chaque participant dans une ambiance décontractée. Un niveau minimum de compréhension de la langue française est toutefois nécessaire pour pouvoir profiter pleinement de ces sessions.

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**D05. ITALIAN CONVERSATION TABLE** **Wightman Cup Room** **Limit: 25**  
**Jan. 28, Feb. 4, 11, 18, 25, Mar. 4, 18, 25, Apr. 1, 8, 15, 22** **Thurs., Noon to 1:00 P.M.**

**Coordinator:** **Flavio Mangini** was born and raised in Italy where he earned his Ph.D. in chemistry. Flavio joined a Fortune 500 company, worked in Europe and the United States and retired as a vice president. He frequently visits family and friends in Italy and continues to look for opportunities to speak Italian.

**Description:** Durante questo corso di conversazione avrete l'opportunità di parlare italiano con i vostri compagni di classe. Dovete essere in grado di leggere articoli di giornali e partecipare alla conversazione esclusivamente in italiano. Questo non è un corso di insegnamento della lingua italiana ma cercheremo di aiutarvi se il vostro italiano non è perfetto.

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**D06. BOOK LOVERS GROUP**  
**Jan. 27, Feb.17, Mar.17, Apr. 21**

**Little Theatre**  
**Wednesday, Noon to 1:00 P.M.**

**Limit: 25**

**Coordinator:** **Bob Carboni** is a retired vice president of communications for the Northwestern Mutual Life Insurance Company of Milwaukee. Previously, he was with General Motors, General Foods and McCord corporations. He is a journalism graduate of Ohio University, and served in the U.S. Air Force during the Korean War. Bob can be reached at 259-7835.

**Description:** If you enjoy reading different kinds of books and discussing them with other folks, the Book Lovers Group is for you. A member of the group leads each discussion. The coordinator will let the participants know the book selections well before the semester starts.

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**D07. COMPUTER USERS GROUP**  
**Feb. 15, Mar. 22**

**Discovery - Room 136**  
**Monday, 9:30 A.M. to 11:30 A.M.**

**Limit: 60**

**Coordinator:** **Don Berg** is a retired computer consultant and training specialist. He has taught computer classes for Christopher Wren for eleven years.

**Description:** The Computer Users Group is a special activity that provides the opportunity to learn about topics of interest to personal computer users. Each session will include a one-hour presentation and demonstration of a current topic of interest. Following the one-hour session will be a general question/answer period. Questions do not need to be about the subject of the day. Both beginners and experienced users are welcome to participate in any session. Session Subjects: The material for each subject session will be a PowerPoint presentation posted on the Christopher Wren Association website one week prior to each Computer Users Group meeting.

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**D08. LAWN BOWLING**  
**April 2, 9, 16, 23**

**Williamsburg Inn Lawn Bowling Green** **Limit: 18**  
**Friday, 9:30 A.M. to 11:30 A.M.**

**Instructor:** **Jack Edwards** is a member of the Williamsburg Inn Lawn Bowling Club.

**Description:** An introduction to the traditional game of lawn bowling. Each participant will have some instruction as well as considerable opportunity to play the game, which is one of gentle skill rather than power. This activity is designed primarily for those with no experience in lawn bowling. Equipment is provided. Flat shoes required. (Other clothing strongly recommended). Registered participants will receive more instructions prior to the class.

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**D09. POLITICAL ISSUES**  
**March 9 (One Day Event)**

**Wightman Cup Room** **Limit: 100**  
**Tuesday, 9:00 A.M. to Noon**

**Coordinator:** **Jack Edwards** is professor emeritus of government, The College of William and Mary.

Conversations about three current political issues: 1. Introductory session about the overall session 2. Breakout sessions for three areas. Time from 15 minute introductory then three forty-five minute session with a ten minute break between sessions. Student could attend any or all sessions.

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**D10. DVORAK'S STABAT MATER**  
**March 10 (One Day Event)**

**Wightman Cup Room** **Limit: 100**  
**Wednesday, 9:30 A.M. to 11:30 A.M.**

**Instructor:** **Sterling Murray** is professor emeritus of music history from West Chester University (Pennsylvania), founding president of the Society for 18th-Century Music and a fellow of the Rockefeller Library. He holds a Ph.D. in musicology from the University of Michigan (1972) and has published and lectured widely on various aspects of 18th-century music.

**Description:** A listener's Introduction. Although today recognized primarily as a symphonist, Dvorak also composed several large-scale choral works. Often performed today is his concert setting of the medieval text, *Stabat Mater*, for soloists, chorus and orchestra. Dvorak began sketching this work in 1876 and completed it the following year, during a painful period marked by the death of three of his children. This class, which anticipates a performance by the Williamsburg Choral Guild (Presbyterian Church, March 13-14), will consider the social and musical context of Dvorak's *Stabat Mater*, exploring the composer's rendering of lamentation and hope within its rich musical tapestry.

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**D11. THE HOBBY OF COLLECTING TOY SOLDIERS**      **Discovery - Room 136**      **Limit: 40**  
**March 12 (One Day Event)**      **Friday, 9:30 A.M. to 11:30 A.M.**

**Instructor: Sam Fletcher** received his B.S. from Rensselaer Polytechnic Institute, M.S. Long Island University, Revolutionary War re-enactor, commentator for re-enactment shows, lectures to libraries, DAR, SAR, clubs and classes. Living history performer for the arts in Long Island Public Schools, Shoemaker/Craft Interpreter - Colonial Williamsburg 1987 - 1988.

**Description:** This class is based on the instructor's collection of 3000 figures, mostly William Britain's. It traces the start of his collection in the 1930s and includes a wide range of historic periods covered by toy soldiers. The slides include a majority of the early Britain's sets that covered the world and finishes with a series of views of Queen Elizabeth's Coronation procession that shows the impact that massed formations of troops can make.

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**D12. YOGIC CURE FOR COMMON DISEASES**      **Landing - Auditorium**      **Limit: 45**  
**Jan 25. (One Day Event)**      **Monday, 10:00 A.M. to 11:30 A.M.**

**Instructor: Indira Ghosh** was a lecturer in physical education and yoga in Loreto College, Calcutta, India. She has conducted and participated in yoga and meditation seminars in Europe, Canada and the United States. She has taught yoga in the Midwest for the past 14 years through area universities, hospitals and community centers. She is also an orthopaedic nurse and now teaches yoga and meditation in Williamsburg.

**Description:** There are specific yoga movements, postures and breathing techniques designed for the prevention, cure and rehabilitation of chronic ailments like asthma, arthritis, diabetes, heart and hypertension problems, sinus disorders, etc. Ms. Ghosh explains the origin of the exercises, how these exercises support today's medical science and how necessary it is for individuals to be pro-active about their health concerns. Indira gets her point across through her lectures, videos and guided active participation. This material is covered in D09. Yoga and Meditation.

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**D13. YOGA AND MEDITATION**      **Landing - Auditorium**      **Limit: 45**  
**Jan. 29, Feb. 5, 12**      **Friday, 10:0 A.M. to 11:30 A.M.**

**Instructor: Indira Ghosh** taught physical education and yoga in Loreto College, Calcutta, India. She has conducted and participated in yoga and meditation seminars in Europe, Canada and the United States. She has taught yoga in the Midwest for the past 14 years. She is also an orthopaedic nurse and now teaches yoga and meditation in Williamsburg.

**Description:** Yoga is an outstanding segment of an ancient educational and remedial legacy, which is seen to be valid, relevant and supportive in a new millennium with ever-growing health and well being concerns. Athletes use it to tone muscles and increase flexibility. Corporate executives rely on it to de-stress. Doctors prescribe it for everything from sore backs, respiratory problems to chronic fatigue. These classes will focus on gentle yoga postures, the importance of progressive breathing as well as introduction to the healing benefits of sound meditation. Bring a mat or blanket to use on the floor and wear comfortable clothing.

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**D14. WRITERS READING TABLE**      **Landing - Auditorium**      **Limit: 12**  
**Jan. 25, Feb. 1, 8, 15, 22, Mar. 1, 15, 22, 29, Apr. 5, 12, 19**      **Monday, Noon to 1:00 P.M.**

**Coordinator: Jack Lott** belongs to the Chesapeake Bay Writers. He has sponsored the Writer's Table since 2008.

This is a structured opportunity for writers within the Christopher Wren Association to present their work, give them feedback on their effort, and encourage the development of a community of interest in writing. The coordinator will schedule the 12-session semester to allow two writers to read their work, up to a 1500-word selection, at each session. Each reading will be followed by a 15-minute opportunity for the other writers to respond to the selection. The first presentation should be the author's biography, which may be up to 500 words.

**Items Students Should Bring:** You should bring personal writing work to be read at the sessions at which you are scheduled to present.

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