

## HELP FROM THE COMMUNITY

### CATHOLIC CHARITIES OF EASTERN VIRGINIA, INC.

1315 Jamestown Rd, Suite 202  
Williamsburg, VA 23185  
(757) 220-3252 or 1-800-CARE-002 (Care Center)  
M,W 10-4, T 1-4, Th 10-1, F 10-3  
M/T 7-9 pm

#### Care Center Services

- \*Free, confidential pregnancy screenings
- \*Referrals to community resources, including child health care services
- \*Adoption planning
- \*Free professional counseling for women, fathers-to-be, and other family members
- \*Free baby supplies including: baby clothing up to 18 months of age, diapers, bottles, toiletries, and toys
- \*All services are free and confidential

#### Counseling Services

- \*Individual, couple, family, and group, counseling are available by appointment until 7:00pm
- \*Consulting psychiatrist on staff
- \*Free depression screenings
- \*Service fees are negotiable or can be filed through insurance
- \*Open to individuals of all faiths

### HFALTH CARE

#### Insurance:

The **Student Health Center's** insurance policy, Plan II provides benefits for maternity treatment. For more information on this plan check out: <http://www.wm.edu/health/insurance.php>

#### Medical Services:

**Williamsburg Obstetrics and Gynecology PC**  
1115 Professional Dr.  
253-5653

**WomanCare of Williamsburg**  
120 Kings Way  
253-5600

### BETHANY CHRISTIAN SERVICES

1677 Jamestown Rd.  
Williamsburg, VA  
(757) 408-2425  
[www.bethany.org](http://www.bethany.org)  
M-F 8:00 am-5:00 pm

- \*1-800-Bethany (238-4269) : 24/7 Crisis Hotline
- \*Free Pregnancy Counseling
- \*Confidential & Non-judgmental
- \*Adoption planning services – open or confidential
- \*Assistance with medical and living expenses
- \*Referrals for housing and coordination of medical services
- \*Open to individuals of all faiths

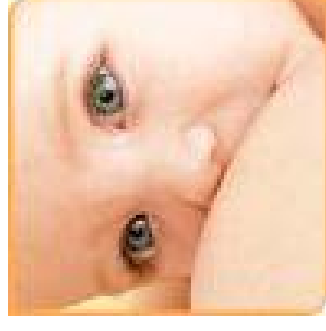
### WILLIAMSBURG DEPT. OF HUMAN SERVICES

401 Lafayette St.  
(757) 220-6161  
M-F - 8:00 am-4:30 pm  
E-mail: [social@williamsburg.va.gov](mailto:social@williamsburg.va.gov)  
<http://www.ci.williamsburg.va.us/dept/wdss/index.htm>

Mothers may be eligible for Medicaid and Food Stamps prior to the child's birth and TANF after the child's birth. Call for information about eligibility requirements.

## Practical Help for You and Your Baby

Having a baby and finishing your education may seem impossible. We're here to help.



# CAMPUS RESOURCES



## FAMILY HOUSING

The Residence Life Office offers a limited number of unfurnished apartments (2-bedrooms) in Ludwell Apartments for students who are living with spouses and/or children/dependents. For further information, contact [living@wm.edu](mailto:living@wm.edu).

## COUNSELING CENTER

Blow Hall, Rm. 240  
(757) 221-3620  
8:00 am-12:00 pm & 1:00 pm-5:00 pm

The Counseling Center offers a range of free professional services to students wanting help with personal concerns. They work with psychological problems, relationship and family issues, academic and personal stress, and crisis situations. To make an appointment, call or drop by the center.

## HEALTH CENTER

1 Gooch Dr.  
(757)-221-2998  
M,T,Th,F – 8:00 am-5:00 pm  
W – 10:00 am-5:00 pm  
[www.wm.edu/health](http://www.wm.edu/health)

The Student Health Center offers pregnancy testing for \$10 and referrals to the Office of Health Education, the Counseling Center, medical facilities for prenatal care, and adoption services.

## DEAN OF STUDENTS

Campus Center, Rm. 109  
757-221-2510  
[doscom@wm.edu](mailto:doscom@wm.edu)

The Dean of Students Office offers a variety of options for students who are managing a pregnancy along with their academics. The student should schedule an appointment to meet with a dean in order to discuss medical needs, academic load, possible withdrawal and readmission, and communication with faculty.

The deans are willing to meet frequently with a student to discuss her needs and help her find resources and accommodations as appropriate.

## LICENSED CHILDCARE:

<b>Avalon Child Care Center</b> 2968 John Tyler Highway (757) 258-5022 <b>Campus Child Care:</b> Behind the Old Bookstore (757) 221-2121	<b>Clara Byrd Baker Elementary</b> 3131 Ironbound Road (757) 221-0782 <b>Greater Williamsburg YMCA</b> 630 South Henry Street (757) 258-3830 <b>Grove ABC Day Care</b> 8582 Pocahontas Trail (757) 229-4984 <b>Head Start At Norge</b> 7311 Richmond Road (757) 229-6417 <b>La Petite Academy #898</b> 3190 Lake Powell Road (804) 253-1938 <b>Matthew Whaley Elementary</b> 301 Scotland Street (757) 259-3223 <b>MinnieLand Private Day School, Inc.</b> 159 Kristiansand Drive (757) 253-6998 (127) <b>Norge Elementary</b> 7311 Richmond Road (757) 259-3200 <b>Precious Moments Playhouse</b> 103 Indigo Terrace (757) 345-3708 <b>Stonehouse Elementary</b> 3651 Rochambeau Road (757) 566-8746 <b>YMCA Child Development Center Colonial Williamsburg</b> 117 Information Center Drive (757) 220-7994
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