



# Tribe Sports Medicine Christmas 2003 Newsletter

Happy Holidays from the Division of Sports Medicine! This was a crazy fall for us due to Hurricane Isabel's devastating visit. While the students refer to the 10-day break from classes in the middle of the semester as the "hurrication", our staff had to pull together and try to keep things going with no power and no ice in the middle of the fall season. Things appear to be back to normal now, and we are all ready for a little vacation of our own. Thanks to all of you stopped by, called, or emailed your concerns and good wishes in the aftermath of the storm. With that, we give you the latest from the 'Burg...

## Tribe Athletics in the Fall

Isabel was the opponent we hadn't counted on in our schedule this year. She interrupted the season, causing games to be moved, practices to be cancelled, and teams to be sent on the road to escape the storm. Despite the adversity, many of our fall teams rallied to finish well at the end of the season. Football, which started off 1-5, finished with 4 strong wins to end the year with a .500 record. Women's soccer won the CAA but fell to UVA in the first round of the NCAA tournament. The Men's soccer team stumbled in the CAA tournament and narrowly missed an NCAA bid. Field hockey had a great season, finishing second in the conference to perennial powerhouse, Old Dominion. Volleyball had a bit of rebuilding year with some tough conference opponents. Both Men's and Women's Cross-Country teams won CAA titles and had several runners achieve All-American status.

Please visit the athletic department website at [www.tribeathletics.com](http://www.tribeathletics.com). You can also follow the "Email Hotline" link to subscribe to email lists for your favorite sports to receive press releases instantly from the Sports Information office. It's a great way to keep up with the Tribe!

## Alumni Update—Where are they now???

Former staff members **Nancy Scott** and **Dan Gotthardt**, who now teach at Lafayette High School in Williamsburg, brought their sports medicine classes on a field trip to the athletic training room. **Holly Jourdan** is finishing up her last semester of classes in PT school at the Medical College of Virginia and will begin a clinical in Minneapolis in January. **Kathrina (Lee) Uran** is living in Fredericksburg, VA with her new husband Mike and works at the Naval Surface Warfare Center—she is beginning a Master's degree in Systems Engineering. **Elizabeth Feltes** was hired by the Defense Intelligence Agency—that's all she could tell us... **Jean Salcedo** started the post-baccalaureate program in premed studies at Barry University in Florida this fall. **Joanne Fennity-Zapicchi** is in her 20<sup>th</sup> year of teaching Health and PE at Hightstown High School in New Jersey. **Brian McGaughran** is in his first year at the Logan College of Chiropractic in St. Louis. Steve was glad to see **Sarah Hensley**, **Mary Reynolds-Casey**, and **Kathryn (Gracey)** and her family and at Homecoming this year. Renée also saw **Larry Snyder** and **Brian Castel** at the game—Brian is working for a mortgage company in Fairfax, VA. **Catherine Scott** announced her engagement to Brian Mikelaite. The couple will live in Lanexa, VA. **Aileen (Ruaya) Meyers** and her family have moved to Hawaii. **Mary Lewis** is hanging out and working in Australia and New Zealand.

## Athletic Training Aide Program is a Hit With Students Interested in Sports Medicine

For those of you who made it to a Tribe football game, you may have noticed a group of students on the sideline, proudly sporting their "totem pole" shirts, and helping Steve to keep

the Tribe healthy and on the field. They are a part of the new Athletic Training Aide Program—a group of eleven students who volunteer with our program to gain hand-on experience to prepare them for careers in medicine, physical therapy, or athletic training.

With the end of our pursuit of accreditation of our education program, as well as new legislation regulating the practice of athletic training in the state of Virginia, we could no longer allow students to function as “student athletic trainers.” Our last two athletic training students, **Laura Nelson** and **Camille Fiske** will finish this year. However, we realized that there was still an interest on the part of undergraduate students to be involved with our program. We developed the Athletic Training Aide Program to address that need as well as to continue the long tradition of educating students in sports medicine.

Students in the program volunteer to work with different aspects of our program, depending on their individual career goals. For example, students who plan to pursue careers in physical therapy volunteer during our morning clinical hours. They work side-by-side with the staff athletic trainers, observing patient evaluations, learning rehabilitation techniques, and practicing hands-on patient care under our supervision. On the other hand, students who seek to enter medical school or athletic training curriculum, chose to volunteer at football. These students were exposed to all aspects of sports medicine in the dynamic environment of football practice and game coverage. They learned various taping and wrapping techniques and helped to prepare the team for practice.

Our staff is very excited about working with these eleven students as they learn and grow as future health care practitioners. We want to recognize these students as they are the foundation for a program we hope will continue to grow as well. They did a great job this fall, and we hope they enjoyed their experience as much as we did.

#### **2003-04 Athletic Training Aides**

Meghan Bishop  
Chris Frantz  
Lesley Hunley  
Harsha Nagaraja

Christine Orlowicz  
Anna Perry  
Josh Powers  
Chris Racine

Amola Skertukde  
Warrik Staines  
Shawn Stocking

#### **Update your address with us...**

If you have moved recently, please email Andy Carter at [jacart@wm.edu](mailto:jacart@wm.edu) or call (757) 221-2790 to update your address so that we can keep you abreast of all the news from our alumni and friends. Once more, if you have an email address, please forward it to [jacart@wm.edu](mailto:jacart@wm.edu) so that we can add it to our alumni list. We sent the Fall newsletter out electronically to those who have provided their email address. Finally, please let us know of any news (births, marriages, new jobs, etc.) that you'd like to share with the alumni and look for updates on the web page at [www.wm.edu/sportsmedicine](http://www.wm.edu/sportsmedicine).



*Happy  
Holidays!*

## Donations and Gifts to the Division of Sports Medicine

We would like to thank all of those who made contributions to the Division of Sports Medicine, not only this year, but in years past. We know that the tough economic times over the last few years have caused us all to struggle financially. This past year, we saw a significant decrease in both the number and the size of donations to our program. It is our hope that many of our past donors and friends of the program will resume their support in the near future as the economy begins to gain some momentum. It was the foundation built by past donors that helped our program to weather the storm of budget cuts and freezes, and it will be the continued support of all of our alumni and friends that helps to maintain the high quality of athletic health care that we strive to achieve for the Tribe.

We would like to give a special recognition and express our gratitude to the following donors whose combined gifts to the Division of Sports Medicine totaled **\$1,000 or more**:

Mr. & Mrs. Russell E. Brown, Jr \*  
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Mrs. Virginia C. Linkenauger  
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Mr. and Mrs. James E. Ukrop

We would like to give a special recognition and express our gratitude to the following donors whose combined gifts to the Division of Sports Medicine totaled between **\$100 and \$999**:

LTC & Mrs. John E. Bessler  
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LTC James D. Dorsey, USA (ret.)  
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Ms. Kathrina L. Lee  
Ms. Megan E. Miller  
Mr. Joseph W. Montgomery \*  
Dr. Robert Pinto  
Mr. Warren A. Roark  
Mr. & Mrs. Earl Lawrence Young

\* Gift to Class of '74 Endowment: In 2002, there were 8 pledges and gifts to the Class of '74 Endowment totalling \$89,938.66. We would like to once again express our deep gratitude to Mr. Joseph W. Montgomery for his work in establishing this endowment.

# Division of Sports Medicine Donors for 2003

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