



# Tribe Sports Medicine Christmas 2004 Newsletter

## Reflections from Steve...

Dear Friends,

As I sit here reflecting on the Holiday Season and the approach of my 50<sup>th</sup> birthday, I am overwhelmed with thoughts and images of how fortunate I am. This past year has been a season of change for me as well as our athletic training program. As a program, with the strong support of the athletic administration and continued support of our alumni, we have transitioned well from a very strong, nationally recognized internship student athletic training program to our present program. We have developed clinical educational relationships with Old Dominion University's Post Graduate



Athletic Training program as well as several regional undergraduate Athletic Training Educational programs. We are a 4-week Sports Medicine rotation for the Riverside Family Practice Residency program and have expanded our staff to seven full-time, two graduate assistants, and an intern. We have successfully created an athletic training student aide program that provides undergraduate students the opportunity to be involved with our athletic health care program as they explore their interest in medicine. We have full-time staff assigned to every sport, traveling with them, and at their practices daily. We will continue to build upon the contributions each of you has made to this program. This is an athletic training program you can be very proud of!

Throughout the Fall, I have had the honor of many of our alumni stopping by to visit, both here and at away football games, allowing me the chance to "catch up" as well as meet the newer members of their families. To have so many of my former students now as successful professionals and parents is the greatest honor and tribute you can bestow upon our program.

On the professional side, I was promoted to Assistant Athletic Director for Health Services and given an expanded role within the athletic administration. Part of my new role allows the opportunity to work closely with the Strength and Conditioning program, the Student-Athlete Advisory Council (SAAC), Deidre Connelly and our Sports Psychology program.

On the personal side, in June, Lonna, Sydney, and I went to China and adopted a little girl. Jahnessa will be 2 years old in January and is truly a blessing. The adoption process was long (18 months) and complicated but was the most rewarding experience of my life! We left Williamsburg on the first of June, traveled to San Francisco, and then on to Hong Kong. After a couple of days in both cities, we flew to Changsha, China to receive Jahnessa. In all, we spend two weeks in China completing all the necessary paperwork and experiencing the culture. Jahnessa is blossoming everyday and my current staff and schedule permits me to be "Mr. Mom" on Monday and Tuesday mornings until 1 pm and all day on Thursday.

In summary, things are good and we will continue to make them better! I look forward to hearing from you all and appreciate all you have done and will do for our program.

Happy Holiday!

## Tribe Athletics in the Fall

This was a great fall and one with a lot of “firsts.” Field Hockey beat perennial power Old Dominion for the first time ever on it’s way to it’s first regular season conference championship. In Chris Norris’s first season as head coach and the first season on Albert-Daly Field, Men’s Soccer beat Maryland who was ranked #1 at the time. Football won 11 games for the first time ever and made it to the Final Four of the NCAA playoffs. The national semi-final game was played at night at a sold out Zable Stadium under lights brought in by ESPN2 who covered the game. Men’s and Women’s Cross Country both won their respective conference championships, and the men made it to NCAA’s. Women’s soccer lost in the second round of the NCAA tournament. Volleyball had a winning season this year as well.

Please visit the athletic department website at [www.tribeathletics.com](http://www.tribeathletics.com). You can also follow the “Email Hotline” link to subscribe to email lists for your favorite sports to receive press releases instantly from the Sports Information office. It’s a great way to keep up with the Tribe!

## Alumni Update—Where are they now???

**Peyton Owen** works at Virginia Commonwealth University in the athletic department with the Life Skills Program for the student-athletes. **Phil Sprinkle** was in town on business and slammed his finger in his car door, so he came to see us for some treatment. **Amity Rubeor** brought her fiancé down to visit with **Scott and Kate (Mansfield) Clayton** and family and to see her alma mater this fall. **Shelly Braun** and her daughter Sydney were in Williamsburg for homecoming. We also saw **Neil & Anne Pifer, Kathryn (Gracey) Gerber, Heather Fuller, Heather Fedei, Jessica Meade, Larry Snyder, Brian Castel, Sarah Hensley, Barron Sopchak, Scott and Kate Clayton, and Chad Taylor** at football games this year. Congrats to **Fuller** who just ran the Richmond Marathon with her dad. **Holly Jourdan** is finishing physical therapy school this spring and plans to go into pediatrics. **Camille Fiske** is living in Richmond doing personal training and working at Blue Ridge Mountain Sports.

## Athletic Training Aide Program Continues to Grow

Last year, we developed the Athletic Training Aide program to give students with an interest in medicine to volunteer to work with different aspects of our program, depending on their individual career goals. For example, students who plan to pursue careers in physical therapy volunteered during our morning clinical hours. They worked side-by-side with the staff athletic trainers, observing patient evaluations, learning rehabilitation techniques, and practicing hands-on patient care under our supervision. On the other hand, students who seek to enter medical school or athletic training curriculum, chose to volunteer at football. They learned various taping and wrapping techniques and helped to prepare the team for practice.

We continued to offer the volunteer program, but we enhanced the experience at football by developing paid positions for students to work on the football staff as athletic training aides. They began during preseason and continued to work practices and games throughout the year. All five of these students, **Jessica Bain, Chris Frantz, Christine Orlowicz, Anna Perry, and Chris Racine**, were extremely dedicated and hard-working and were invaluable members of Andy’s staff. They helped to make the 2004 Tribe football campaign the most successful season in the history of William and Mary.

### 2004-05 Athletic Training Aides

Jessica Bain  
Meghan Bishop  
Chris Frantz  
Christine Orlowicz  
Anna Perry

Chris Racine  
Chris Renjillian  
Emily Sherbin  
Leslie Short

## Donations and Gifts to the Division of Sports Medicine

We would like to thank all of those who made contributions to the Division of Sports Medicine this year. We will rely on your continued support as we work to maintain and expand the high quality of athletic health care that we provide to the Tribe student-athletes.

We would like to give a special recognition and express our gratitude to the following donors whose combined gifts to the Division of Sports Medicine totaled **\$1,000 or more:**

Mr. & Mrs. Steven L. Cole  
Franklin Rehabilitation and  
Sports Therapy  
Mrs. Kathy L. Hornsby  
Mr. Wayne Allen MacMasters

Mr. John Andre Mitrovic  
Dr. & Mrs. George J. Oliver, Jr.  
Dr. Robert Pinto  
Mr. & Mrs. James E. Ukrop

We would like to give a special recognition and express our gratitude to the following donors whose combined gifts to the Division of Sports Medicine totaled between **\$100 and \$999:**

LTC & Mrs. John Bessler  
Mr. & Mrs. William L. Breed  
Mr. Jay Colley  
Mr. Barry W. Deuel  
LTC James D. Dorsey, USA (ret.)  
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Dr. & Mrs. Keith Hanger

Ms. Jessica Ann Meade  
Mr. & Mrs. James A. Newman, Esq.  
Mr. Chad Christopher Taylor  
Mr. & Mrs. Michael Urann  
Mr. & Mrs. Alexander Utecht  
Mr. & Mrs. Earl Lawrence Young

We are excited to see the Jewusiak Memorial Endowment, the Linkenauger Endowment, and the Class of '74 Endowment all continue to grow. We appreciate your continued support of these endowments.

## Division of Sports Medicine Donors for 2004

### Sports Medicine

LTC & Mrs. John Bessler (Margie Johnson)

Mr. & Mrs. William L. Breed

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### Jewusiak Memorial Endowment

Joan Jewusiak

Dr. Tiffany Musick

Dr. & Mrs. George J. Oliver

Mr. & Mrs. Louis I. Squitieri

### **Update your address with us...**

If you have moved recently, please email Andy Carter at [jacart@wm.edu](mailto:jacart@wm.edu) or call (757) 221-2790 to update your address so that we can keep you abreast of all the news from our alumni and friends. Once more, if you have an email address, please forward it to [jacart@wm.edu](mailto:jacart@wm.edu) so that we can add it to our alumni list. We sent the Fall newsletter out electronically to those who have provided their email address. Finally, please let us know of any news (births, marriages, new jobs, etc.) that you'd like to share with the alumni and look for updates on the web page at [www.wm.edu/sportsmedicine](http://www.wm.edu/sportsmedicine).



**Tribe**

*Happy  
Holidays!*