



Tribe Sports Medicine Fall 2000 Newsletter

Hello again from Williamsburg! We hope that you had a great summer, even though it seemed like it only lasted a couple of days. The Tribe Sports Medicine Staff is charging full speed ahead into the fall sports season. With a couple of new faces and the launch of the accreditation process of our Athletic Training Education Program, the first full year of the new Millennium promises to be an exciting one. In our never-ending quest to keep you informed and involved with William and Mary Sports Medicine, here is the latest news from the 'Burg . . .

Farewell to Students and Staff

We will miss our senior student athletic trainers. **Mary Lewis** lives in Richmond and is working as a fitness instructor. **Jean Salcedo** and **Peyton Owens** are finishing up their degrees at W & M. As far as we know, **Tina Cox** is in Northern Virginia and **Brian McGaughran** is in Richmond at this time. **Jenni Giles** has decided to stay on as a Graduate Assistant at William and Mary where she will complete her Master's degree in Education and work in the athletic training room.

Farewell to Assistant Athletic Trainer **Brian Bennett** who left our staff at the end of the summer. Good luck to Brian in all of his future endeavors. Also, good luck to former Graduate Assistant **Jessica Meade** who left our staff to take a teacher/athletic trainer job at her old high school, Varina High School. Finally, former intern **Catherine Scott** is still living in Williamsburg and is pounding the pavement looking for a job.

Welcome to John and Andy

Join us in welcoming two new staff members to the Tribe Sports Medicine Team. **John Knaul** comes to us from Lafayette College and will serve as the Assistant Athletic Trainer in charge of women's soccer, lacrosse, and track. Former W&M student athletic trainer, **Andy Carter**, returns to the staff as the Director of Athletic Training Education. In this position, he will guide us through the CAAHEP accreditation process and teach the athletic training classes as a member of the faculty of the Department of Kinesiology.

Congratulations are in order...

- **Michelle Freeman** was elevated to the position of Senior Assistant Athletic Trainer at W&M.
- **Darrin DeReu**, who joined our staff in January as an Interim Assistant Athletic Trainer, will remain on staff as an Assistant Athletic Trainer.
- **Teddy Eaves** and **John Dodd** recently passed the NATA-BOC exam and are our newest ATC's.
- **Kathryn (Gracey)** & Matt Gerber announced the birth of their first child, son Patrick Joseph Gerber on June 1, 2000. He was 20 in. long and weighed 7 lb and 15 oz.
- **Scott Clayton** and **Kate Mansfield** were married in Virginia Beach on June 10, 2000.
- **Rachel Johnson** was hired by the University of Redlands in California as the Assistant Athletic Director in Sports Information and Volleyball Coach.
- **Andy Carter** recently announced his engagement to Kristina Green of Lockport, IL.
- **Phillip Sprinkle** was married to Sherri Catron on September 3, 2000.
- **Amity Rubeor** announced her engagement.
- **Teri (Van Bourgondien) Schmitt** was married to Paul Schmitt in May.
- **Robyn Sulanowski** graduated from VCU in August.

Staff Achievements

- **Steve** has added a couple of articles to his already extensive bibliography:
 - “The Cash Crop” appeared in the April issue of *Training and Conditioning*
 - “The Calm Behind the Scene” appeared in the *Alumni Gazette Viewpoint*
- **Renée** traveled to Colorado Springs, CO in March to accept the Sport Safety Training Award from the American Red Cross and the USOC. She was nominated for this national recognition by the local chapter of the American Red Cross for her work as a CPR and Sports Safety Training Instructor.
- **Darrin, Michelle, and Steve** completed their CPR and First Aid Instructor Training Courses through the American Red Cross.

Student Athletic Trainer Academic Achievement

Academic excellence is always a top priority for our student athletic trainers. Last spring, our staff GPA was 3.05, with 9 out of 16 students over a 3.0. In order to maintain these high marks, the students can take advantage of supervised study hall, study skills and time management classes, and tutors in a variety of subject areas. Also, Nancy Everson has been installed as the Director of Academic Support, and will be an outstanding resource for student-athletes as well as student athletic trainers. Again, the academic success of our student athletic trainers is key to the success of our program.

Accreditation Update

The Division of Sports Medicine and the Department of Kinesiology have joined forces to begin the long process of accreditation of the Athletic Training Education Program. As you know, student athletic trainers are the backbone of our program, and we are prepared to take their education to the next level. The following is a time-line of important events that have occurred or will occur over the next few years as we move through the accreditation process:

- *July 5, 2000*: **Andy Carter** was hired as the Director of Athletic Training Education
- *August 18, 2000*: The candidacy application was submitted to the Joint Review Committee on Athletic Training Education Programs (JRC-AT) for review. The 88-page document outlined the Athletic Training Education Program including the coursework, clinical instruction plan, admissions policy, and program personnel.
- *Early Fall 2000*: The JRC-AT will evaluate the application for candidacy and decide whether or not to grant our program candidacy status. Our candidacy status will be granted for a minimum of two years. Once we are granted candidacy status, we can begin writing the self-study. This extensive document is a narrative description of all aspects of the Athletic Training Education Program.
- *Fall 2002*: The self-study will be completed and an application to the Committee for the Accreditation of Allied Health Education Programs (CAAHEP) will be submitted.
- *Spring 2003*: A team of representatives from CAAHEP will come to William and Mary to complete an on-site evaluation of the Athletic Training Education Program. Based on the recommendations of this team, the JRC-AT will decide whether or not to recommend accreditation by CAAHEP of our Athletic Training Education Program.

Please check out the Athletic Training Education Program Web Site at the following address:
<http://www.wm.edu/Kinesiology/ATEP.html>

SEU Program

Michelle has developed an innovative educational program for our student athletic trainers called the Supplemental Educational Unit Program. The SEU program is designed to mirror the Continuing Education Unit (CEU) Program that all ATC's must complete every three years to maintain their certification. The student must earn 12 SEU's each semester. This can be accomplished through attendance of educational presentations by staff athletic trainers, presentation of a topic of the student's choice, or by developing educational materials such as bulletin boards in the training room. The SEU Program not only introduces the student to professional development and continuing education, but it also provides the student with some interesting skills or knowledge that they might not otherwise get in the classroom or athletic training room. Thanks Michelle for a great idea!

Riverside Residents

We have established a relationship with Riverside Hospital Family Practice Residency Program in which 2nd and 3rd year family practice medical residents are coming to campus to work with our Sports Medicine Team. The residents benefit from a hands-on educational experience in sports medicine by observing our athletic trainers in clinical, practice, event settings. Our student athletic trainers benefit from the opportunity to interact with physicians in an informal atmosphere. Further, the residents will be holding in-services and lectures for the students on a regular basis when they come to campus. Finally, the student-athletes benefit from having a physician available for many of the practices and events.

High School Physicals

Thanks for all those who helped with the high school physicals once again. We were able to provide pre-participation screenings for nearly 180 local middle and high school athletes and generated over \$1,800.00 for the Jewusiak Endowment. We would like to especially thank Jim Barton for his work in this area.

Athletic Department Web Site

The William and Mary Athletic Department Web Page has a new look and a new address:

<http://www.tribeathletics.com>

Log on to follow your favorite Tribe teams. Also, be sure to follow the Sports Medicine link to the **Division of Sports Medicine Web Page** where you will find staff bio's and email addresses, accreditation updates, and alumni newsletters.

Homecoming Tailgate

There will be a Sports Medicine Tailgate before the Homecoming football game against Northeastern on October 28, 2000. Come out to Montgomery Field (the old baseball field/new football practice field) and meet the new staff and catch up with old friends. If you are planning to attend, please email Michelle Freeman at mlfree@wm.edu or call her at 757-221-3409 by October 21 so we can prepare for food and drinks.

Alumni Update: Where are they now?

We were all saddened by the passing of **Maria Bartlett**'s father last spring; she is now living in Northern Virginia and works for Andersen Consulting. **Heather Fedei** and **Thu-Ha Nguyen** will begin their 2nd year of PT school at MCV. Thanks to Heather for serving as an instructor at Cramer Camp over the summer. **Chad Taylor** will begin his 3rd and final year at MCV. **Sharon Rogers** is a Graduate Assistant Athletic Trainer at the University of South Carolina. **Mr. and Mrs. Scott Clayton** (sounds strange doesn't it!) are living in Morrisville, NC. Scott is working in the computer field and Kate is looking for a job, having finished PT school at MCV in the spring. **Aileen Ruaya** is back in the states from her time in Korea—she now lives in Lakewood, Washington. **Amity Rubeor**, in medical school at the University of New England, was in Williamsburg in the spring working an orthopedic rotation with Tribe Team Physician Dr. Ed Wilhelm and is now completing a medical residency in Michigan. **Martha Simms** is an athletic trainer at Hampton Roads Academy. **Dawn Austin** is working at a clinic in Paducah, KY. **Barron Sopchak** is still in the area working with computers. **Teri (Van Bourgondien) Schmitt** is working on her MA in Special Education at Eastern Michigan. **Teddy Eaves** is in the 2nd year of his graduate assistantship at Michigan State University. **Dan Godhardt** was hired as a full time ATC and teacher at the Christchurch School. **Lee Garrett** is Director of Orthopedic Services at a hospital in Shelbyville, IN.

Keep in touch...

Please keep in touch with us. It's great to hear about all of the exciting things that our alumni do once they leave the Division of Sports Medicine. Below is a list of the staff email addresses and phone numbers.

Steve Cole	Director of Sports Medicine	slcole@wm.edu
Renée Cork	Associate Athletic Trainer	racork@wm.edu
Michelle Freeman	Senior Assistant Athletic Trainer	mlfree@wm.edu
Darrin DeReu	Assistant Athletic Trainer	dwdere@wm.edu
John Knaul	Assistant Athletic Trainer	jhknau@wm.edu
Andy Carter	Director of Athletic Training Education	jacart@wm.edu
Jenni Giles	Graduate Assistant Athletic Trainer	jagile@wm.edu

Donations

- Check out the list of donors that we had for fiscal year 2000. Thanks to everyone who made donations to Sports Medicine, the Linkenauger Endowment, and the Jewusiak Endowment. At this time, gifts will benefit the Athletic Training Education Program and the accreditation efforts. This is an extremely costly endeavor, but an equally important one for the future of student athletic trainers at the College of William and Mary. We have set a fundraising goal of **\$750,000**, and we are only about halfway there. We appreciate your continued support to take the Division of Sports Medicine to an even higher level of excellence in both student-athlete health care and student athletic trainer education.

-We would like to give a special recognition and express our deepest gratitude to the following donors whose combined gifts to the Division of Sports Medicine totaled **\$1,000 or more**:

Mrs. Mary Reynolds Casey	Mr. John A. Mitrovic
Mr. Steven L. Cole	Dr. and Mrs. George J. Oliver, Jr.
Mr. and Mrs. Ronald H. Erlich	Mr. James Patterson and Berkely Pharmacy
Ms. Joan E. Jewusiak	Mr. Cary R. Shade
Mr. and Mrs. Mont M. Linkenauger	Mr. and Mrs. James E. Ukrop
Mr. Wayne MacMasters	Virginia Orthopedics and Sports Medicine
Dr. and Mrs. Hallet H. Mathews	

-We would like to give a special recognition and express our deepest gratitude to the following donors whose combined gifts to the Division of Sports Medicine totaled between **\$100 and \$999**:

Mr. William L. Breed	Mr. William D. Monday, Jr.
Mr. Scott G. Clayton	Mr. and Mrs. James A. Newman
LTC James D. Dorsey, USA (ret.)	Dr. and Mrs. Dennis O'Toole
Ms. Michelle L. Freeman	Ms. Sharon D. Rogers
Dr. and Mrs. Keith Hanger	Ms. Nancy E. Scott
Ms. Kathrina L. Lee	Mr. Barron M. Sopchak
Mr. and Mrs. Steven C. Miller	Mrs. Joanne Fenity Zapicchi

-We would like to thank the members of the Class of '74 for their substantial gift to the Division of Sports Medicine and specifically to the Athletic Training Education Program. At this time, their combined gifts to the "Class of 1974 Reunion Endowment" total nearly **\$75,000!**

- Before each home football game, there is a luncheon at the Alumni House. For each person who attends this luncheon, \$1.00 will be donated to the Division of Sports Medicine. Come out and enjoy the food and fellowship before the Tribe take the field and support the Division of Sports Medicine.
- Farewell to Joe Coots, Associate Athletic Director for Development to Tribe Club, and welcome to Brent Schneider who will take Joe's place. Thanks Joe for your support of Sports Medicine.
- Thanks to Carl Moody, Gary Shelly and Jennifer & John Stevens and the rest of the Jewusiak family for the \$250.00 donation from the Edward M. Jewusiak Memorial Racquetball Tournament held in March. Thanks also to former staff member **Lou McGranaghan** who was sponsored by Southside Physical Therapy and played in the tournament.
- Soon you will be solicited by the College of William and Mary to donate to the Annual Fund. While donations to this fund are appreciated and help to fund various programs at William and Mary, they do not help our program or athletics directly. Therefore, please consider directing all donations to the Division of Sports Medicine.