



# Tribe Sports Medicine Fall 2001 Newsletter



## **In Honor of Mont...**

*By Steve Cole, Director of Sports Medicine*

Mont Linkenauger passed way on July 28; Mr. Linkenauger joined the William and Mary faculty in 1960 and served as athletic trainer.

In 1973, he moved into an advisor role with the athletic training program, and devoted his full attention to his teaching. During his tenure, his teaching expertise and extensive scholarship focused around human anatomy, physiology, kinesiology, physical therapy, and exercise rehabilitation. As their mentor, he earned the highest respect of countless former students who are now successful physical therapists, athletic trainers, and physicians. In 1998, Mont retired from William and Mary, but remained involved in the athletic training program through the 2000 Football season.

Mont is survived by his wife of 49 years, Virginia Cottrell Linkenauger; three sons—Mont Miller Linkenauger and James Neal Linkenauger of Lanexa and David Linkenauger of Williamsburg; one sister, Mary Bob Edwards of Coronado, CA, and nine grandchildren.

At a memorial service in Williamsburg, **Wayne MacMasters** delivered an emotional, heart-felt eulogy and **Dr. George Oliver** read a letter and poem from former Tribe football coach Lou Holtz. Former student athletic trainers **Mark Chapman** and **Jud Mason** were among the many friends and family who gathered to celebrate Mont's life.

Memorial contributions may be made to the Mont Linkenauger Sports Medicine Endowment, College of William and Mary, AEF, Box 399, Williamsburg, VA 23187.

Mont's memory and legacy lives on every day in our athletic training education program. Our current and future program is based on the foundation that Mont Linkenauger built.

## **Farewell to Students and Staff**

We will miss our senior student athletic trainers. Rumor has it that **Brian Castel** is in Northern Virginia working on his paramedic skills. **Liz Feltes** will be attending school in London this fall. **Holly Jourdan** is in her first year of physical therapy school at MCV. **Becky Erlich** is still in Williamsburg for now, working for both Colonial Williamsburg and Williamsburg Physical Therapy—she is investigating graduate programs in anthropology.

Farewell to Senior Assistant Athletic Trainer **Michelle Freeman** who left our staff at the end of the summer to work with the new football program at Christopher Newport University. Good luck to Michelle in all of her future endeavors. Also, good luck to former Graduate Assistant **Jenni Giles** who is now teaching in Amherst County, Virginia.

## Welcome to Jon, Lani, and Jackie

Join us in welcoming three new staff members to the Tribe Sports Medicine Team. **Jon Thompson**, originally from New Jersey, comes to us from the University of Oregon and will serve as the Assistant Athletic Trainer overseeing Women's Basketball, Cross Country, and Track. **Lani Fisher**, formerly at Stetson University, has joined our staff as an intern primarily working with the Volleyball and Women's Gymnastics teams. Last but not least, **Jackie Gaida** of Ithaca College also joined our staff as an intern primarily working with Football.

## Congratulations are in order...

- **Andy Carter** was married to the former Kristina Green on July 20, 2001.
- **Chad Taylor** announced his engagement over the summer. An August, 2002 wedding is planned.
- **Ted Eaves** was recently named the Head Athletic Trainer at Averett College.
- **Aileen Ruaya** announced her engagement last year. An April, 2002 wedding is planned.
- **Shelly Braun** was married to Brian Hogbin on April 21, 2001.
- **Katherine Brittingham** was awarded a prestigious predoctoral fellowship from the American Heart Association for \$34,000 to fund her doctoral research
- **Ginger Ogren** announced her engagement to Andrew Green.
- **Joe Bornschein** and his wife Sue announced the birth of their son, William Joseph, on June 24, 2001.
- **Holly Jourdan** was the 2001 recipient of the Edward M. Jewusiak Award for her outstanding contribution and service to the Division of Sports Medicine.
- **Kevin Mahoney** was named the Head Men's Basketball Athletic Trainer at Providence College.

## Staff Achievement

- **Renée Cork** was named to the Board of Directors of the Colonial Virginia Chapter of the American Red Cross.
- **Steve Cole** was honored by the Society of the Alumni by being named an "Honorary Alumnus" of the College of William and Mary for his years of service and devotion to the countless student athletes, athletic training students, and staff members with whom has worked and to the entire William and Mary community.

## Athletic Training Student Academic Achievement

Academic excellence is always a top priority for our student athletic trainers. Last spring, our staff GPA was 3.19, with 10 out of 12 students over a 3.0. In order to maintain these high marks, the students can take advantage of supervised study hall, study skills and time management classes, and tutors in a variety of subject areas.

## Accreditation Update

*By Andy Carter, Director of Athletic Training Education*

Since the last Accreditation Update, we have made great strides in the accreditation process. In late January, we received from the Joint Review Committee on Athletic Training Education Programs (JRC-AT) that our application materials were approved and we were granted Candidacy status. While not a guarantee of accreditation, it shows that our efforts are moving in the right direction and that

the framework of our program is in place. Throughout the spring, I worked closely with the Curriculum Committee of the Department of Kinesiology to add seven new courses to the curriculum—Assessment and Evaluation of Injury and Illness, Athletic Training Management, and five clinical education courses. Over the summer, I continued to work on the clinical education aspect of the curriculum, developing five clinical courses and structured clinical rotations. This fall, I worked on our Mid-Candidacy Report to the JRC-AT that was due on October 1. Our next big document is the Self-Study, which is due on September 15, 2002. We still have some major hurdles to cross, but we have met every challenge thus far due to the cooperative efforts of everyone involved—the faculty of the Department of Kinesiology, the staff of the Division of Sports Medicine, the athletic training students, and our many alumni and friends—everyone has made a significant contribution to this immense effort and I appreciate it greatly. I look forward to the continued support of all as we move forward with the development of the curriculum and the completion of the Self-Study.

Please check out the Athletic Training Education Program Web Site at the following address:  
<http://www.wm.edu/Kinesiology/ATEP.html>

## **Tribe Sports Medicine Community Outreach**

### ***EMT Workshop***

This summer, we held a series of workshops for our local Emergency Medical Services professionals in the pre-hospital care of the spine-injured athlete. Over three days, we instructed about 75 EMT's, paramedics, and firemen on topics relating to neck injury stabilization, establishing an airway for a football player with a facemask, and extracting an injured gymnast from the practice pit. The goal of this workshop not only to familiarize the EMS professionals on the special needs of injured athletes, but also to develop a closer working relationship so that we can provide the best possible care to our student-athletes.

### ***Riverside Resident Workshop***

We have continued the affiliation with the Riverside Family Practice Residency Program that we started last year in that the College of William and Mary serves as a Clinical Rotation in Sports Medicine for the residents. In mid-July, the staff of the Division of Sports Medicine, along with **Steve Howell, PT, ATC** from Tidewater Physical Therapy, hosted a workshop at Riverside Regional Medical Center for the Family Practice Residents entitled, "Common Orthopedic Complaints." For about 30 physicians, we presented information on injuries common to the "weekend warrior" athletes including low back, heel, and knee pain. We concluded with a very competitive game of Sports Medicine Jeopardy that pitted the first-, second-, and third- year residents against each other. The third-year residents took home the big prize—each received a Tribe Sports Medicine "totem-pole" shirt. They wear their shirts with pride when they are on campus working with our athletic training students and student-athletes.

### **High School Athletic Training Workshop**

As many of you know, William and Mary has hosted Cramer Athletic Training Workshops for nearly two decades. We were saddened to hear last year that Cramer Products would no longer be sponsoring its high school workshops that have been, for many in the athletic training profession, their first taste of sports medicine. The Tribe Sports Medicine staff decided that we would continue the proud tradition of high school athletic training workshops at William and Mary, so we worked long and hard to develop our own workshop curriculum. With the new Athletic Training regulatory act passed by the Commonwealth of Virginia, we had to be very diligent to make sure that our instruction and experiences were within the parameters of the law. The hard work paid off in mid-July with the inaugural *William and Mary Athletic Training Workshop*.

With the recent tragedies involving deaths of athletes in the professional, college, and high school settings, the importance of individuals trained in first aid and emergency care has never been more apparent. With this in mind, we modified the Cramer curriculum to include certification in American Red Cross CPR and Sports Safety Training. We are proud to report that 76 individuals completed the requirements for these two certifications. In addition to the core of emergency care, we offered two tracks—Basic and Advanced—to best meet the needs and experience levels of the individual participants. Within these tracks, the students attended lectures and laboratories on such topics as heat illnesses, lightning safety, and first aid for those suffering from asthma, allergic reactions, and diabetic emergencies.

The first *William and Mary Athletic Training Workshop* received rave reviews from the participants—in fact, we have already begun work on next year's workshop. In appreciation, the Sports Medicine staff would like to thank the following people who made significant contributions to our success: **Bev Stevens, David "Blade" McAllister, Jean Brown, Tim Duvall, Mike Pascuzzi, Michelle Freeman, and Shayna King.** Next year's date has been set so mark your calendars now and if you know of any high school students with an interest in sports medicine, send them our way...

## 2002 William and Mary Athletic Training Workshop July 13-16

### Athletic Department Web Site

<http://www.tribeathletics.com>

Log on to follow your favorite Tribe teams. Also, be sure to follow the Sports Medicine link to the **Division of Sports Medicine Web Page** where you will find staff bio's and email addresses, accreditation updates, and alumni newsletters. Please bear with us as we are in the process of upgrading our web page capability, so updates may not be as timely as usual.

### Homecoming Tailgate

There will be a Sports Medicine Tailgate before the Homecoming football game against Maine on October 27, 2000. Come out to Montgomery Field (the old baseball field/new football practice field) and meet the new staff and catch up with old friends. If you are planning to attend, please email Andy Carter at [jacart@wm.edu](mailto:jacart@wm.edu) or call 757-221-2790 by October 19 so we can prepare for food and drinks. If you are in town, we hope that you will drop by and see us!

### Alumni Update: Where are they now?

We are proud to report that **Dr. Tiffany Musick** graduated from med school and will be in a Family Medicine Residency at Shadyside Hospital in Pittsburgh. In March, we got a note from **Rosalie Alejo** from Italy—she will be in Okinawa, Japan for her next duty assignment. Another world traveler, **Mary Lewis** sent us a postcard from Edinburgh, Scotland where she is working in a hospital. **Chad Taylor** graduated PT school at MCV and is now working in Richmond in a clinic and traveling with the Richmond Kickers soccer team. **Heather Fedei** and **Thu-Ha Nguyen** are in their final year at MCV PT school. We frequently see **Barron Sopchak** at the Green Leaf and around the 'Burg, and he is still a HUGE Tribe sports fan. **Aileen Ruaya** is still in Washington but out of the Army (she is in the National Guard but hasn't been called up), and she is working as a drug rep selling Prevacid. We were happy to see **Heather Fuller** drop by the Athletic Training Room last spring—she is doing well and enjoying her studies in marriage and family counseling. **Martha Simms** brought her anatomy students from Hampton Roads Academy by the Athletic Training Room on a field trip—we think she just wanted to have

an excuse to eat lunch at Paul's Deli. **Kate (McCarthy) Leary** graduated from medical school at MCP-Hahnemann. **Jessica Meade** is in Richmond teaching at her alma mater but comes to Williamsburg frequently to work with Steve at Busch Gardens. **Alecia Baran** added another dog—Timber—to her family. **Kathryn (Gracey) Gerber** and her son, Patrick stopped by the Athletic Training Room this summer. **Sharon Rogers** is in her final year at University of South Carolina. **Sarah Drew** is enjoying PT school and is using her athletic training skills on her rugby team. **Marge Bessler** works at Riverbend Sports Medicine in Atcheson, KS as an athletic trainer. **Peyton Owen** is living in Richmond. Also in Richmond are **John Dodd** and his wife, Amy. **Lauren (Riley) Devart** is in her 6<sup>th</sup> year at HealthSouth managing clinics in the Warrenton and Winchester areas. **Mary (Reynolds) Casey** and her husband Paul attended the Tribe football game at East Carolina a couple of weeks ago. Former staff member **Lou McGranaghan** and his family stopped by this summer for a barbecue. Steve is feeling a little older now that the second generation has arrived—**Susan and Kevin Schrack's** son, Kevin is a freshman this Fall at the College. And last, but certainly not least, from the “Be More Careful” file, **Maria Bartlett** tore her ACL again! (Just kidding Maria)

### Keep in touch...

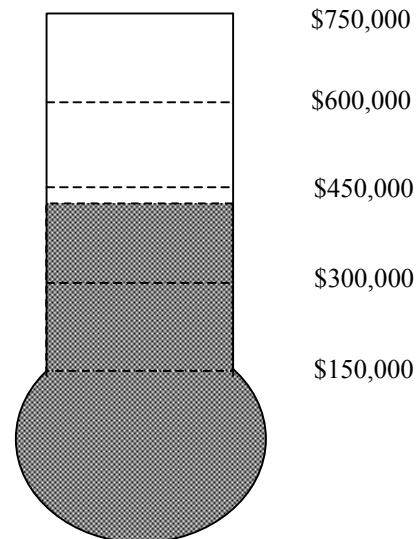
Please keep in touch with us. It's great to hear about all of the exciting things that our alumni do once they leave the Division of Sports Medicine. Below is a list of the staff and our email addresses.

Steve Cole	Director of Sports Medicine	<a href="mailto:slcole@wm.edu">slcole@wm.edu</a>
Renée Cork	Associate Athletic Trainer	<a href="mailto:racork@wm.edu">racork@wm.edu</a>
Darrin DeReu	Assistant Athletic Trainer	<a href="mailto:dwdere@wm.edu">dwdere@wm.edu</a>
John Knaul	Assistant Athletic Trainer	<a href="mailto:jhknau@wm.edu">jhknau@wm.edu</a>
Jon Thompson	Assistant Athletic Trainer	<a href="mailto:jsthom@wm.edu">jsthom@wm.edu</a>
Andy Carter	Director of Athletic Training Education	<a href="mailto:jacart@wm.edu">jacart@wm.edu</a>
Jackie Gaida	Intern Athletic Trainer	<a href="mailto:jgaida1@hotmail.com">jgaida1@hotmail.com</a>
Lani Fisher	Intern Athletic Trainer	<a href="mailto:lfisher14@aol.com">lfisher14@aol.com</a>

### Donations

- Check out the list of donors that we had for fiscal year 2001. Thanks to everyone who made donations to Sports Medicine, the Linkenauger Endowment, and the Jewusiak Endowment. At this time, gifts to the Linkenauger and Jewusiak Endowments, as well as the Class of '74 Gift, will benefit the Athletic Training Education Program and the accreditation efforts. This is an extremely costly endeavor, but an equally important one for the future of athletic training education at the College of William and Mary. We have set a fundraising goal of **\$750,000**, and we are a little over halfway there. We appreciate your continued support to take the Division of Sports Medicine to an even higher level of excellence in both student-athlete health care and athletic training student education.

Athletic Training Education Program  
Fundraising Goal



-We would like to give a special recognition and express our gratitude to the following donors whose combined gifts to the Division of Sports Medicine totaled **\$1,000 or more:**

Mrs. Mary Reynolds Casey  
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-We would like to give a special recognition and express our gratitude to the following donors whose combined gifts to the Division of Sports Medicine totaled between **\$100 and \$999:**

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Mr. & Mrs. Richard Wallis

- We would like to thank the members of the Class of '74 for their substantial gift to the Division of Sports Medicine. Furthermore, we would like to recognize **Joe Montgomery** for his generosity and hard work in establishing the "Class of 1974 Reunion Endowment" to benefit the Athletic Training Education Program. At this time, their combined gifts to the "Class of 1974 Reunion Endowment" total over **\$175,000** out of a pledge total of almost **\$400,000!**
- Cash gifts to the Division of Sports Medicine for last year totaled over **\$70,000.**
- In honor of Mont, sixty-seven donations were made to the Linkenauger Endowment, which combined to yield almost **\$6,000.** The Linkenauger Endowment was established in 1998 by **Wayne MacMasters** to pay tribute to the educational legacy Mont established throughout his many years of service to the College. Thank you **Wayne** for your outstanding generosity and unwavering support of the educational programs at William and Mary.
- Last year, before each home football game, there was a luncheon at the Alumni House. For each person who attended this luncheon, \$1.00 was donated to the Division of Sports Medicine, and over \$1,000 was raised. Thanks to Barry Adams and the Society of the Alumni for their support.
- Thanks to Carl Moody and Gary Shelly for organizing the Edward M. Jewusiak Memorial Racquetball Tournament. The event was held in March and a portion of the proceeds is donated to the Jewusiak Endowment.
- Soon you will be solicited by the College of William and Mary to donate to the Annual Fund. While donations to this fund are appreciated and help to fund various programs at William and Mary, they do not help our program or athletics directly. Therefore, please consider directing all donations to the Division of Sports Medicine.

# Division of Sports Medicine

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