



Tribe Sports Medicine Fall 2006 Newsletter

Greetings from the 'Burg

Hello from William and Mary! Our fall sports are well into their competitive seasons and Kaplan Arena is now filled with the sounds of nets swishing and sneakers squeaking as Men's and Women's Basketball have begun their practices. Volleyball Head Coach Debbie Hill celebrated her 550th victory. Women's Soccer, Men's Cross-Country, and Field Hockey are all ranked nationally. With ground broken at the Jimmy Laycock Football Center, we give you the latest from the 'Burg...

Steve Earns National Recognition

This summer, **Steve** was named the College Certified Athletic Trainer of the Year by the College and University Athletic Trainers' Committee of the National Athletic Trainers' Association (NATA). He was recognized for this honor at a luncheon at the NATA National Symposium in Atlanta. The award, which seeks to "recognize those collegiate certified athletic trainers who have demonstrated exceptional performance as an athletic trainer, requires nominees to have at least 15 years of experience and to be involved in campus and community service, in leadership positions at the state, regional, and national level, and in promotion and outreach of the profession of athletic training. Steve's nomination, prepared by **Renée** and **Andy**, was an impressive record of a career of service to his patients, his colleagues, his community, and his family. Congratulations to Steve on this most prestigious award.

Farewell to Jason, Jared, and Tyson

Congratulations to graduate assistants **Jason Hollar** and **Jared Howell** who completed their Master's Degrees this May and graduated from Old Dominion University. Both have taken jobs in local high schools as athletic trainers. Jason is employed by Sentara Health System and serves as the athletic trainer at Phoebus High School in Hampton. Jared is employed by Tidewater Physical Therapy and serves as the athletic trainer at Walsingham Academy in Williamsburg.

Tyson Burton has moved back to his hometown of Reno, NV to serve as a director of the new GAP—Gold's Athletic Performance—Program at Gold's Gym. The GAP Program, which recently started in Reno, is designed to train high school athletes and to prepare them to reach their full potential in their chosen sport. The GAP Program has the potential to spread to Gold's Gyms across the country. Congratulations to Tyson on his exciting new venture!

Welcome Tyler, Carla, and Nicole

Tyler DePew, an athletic trainer in the Detroit Tigers organization, has re-joined our staff in our part-time fall staff position for a second year. This will be the third year of our part-time staff position that we created to attract a minor league baseball athletic trainer to assist our staff during the baseball off-season.

With Jason and Jared moving on to full-time positions, we have been assigned two new graduate assistants from the Old Dominion Post-Graduate Athletic Training Education Program. **Carla Boelte** graduated from Bridgewater College and will work with Field Hockey and Gymnastics this year. **Nicole Neumann** graduated from Marietta College and will work with Football and Baseball.

Construction on Campus

Construction on campus has progressed very well. The Recreation Center renovation is complete and has greatly enhanced the services offered and the space available for student and staff. The new dormitory on Barksdale is complete and opened for students at the beginning of the semester. As a result, no students are housed in the Dillard Complex. Perhaps the most beautiful parking deck on the east coast has opened on the site of the old Adair tennis courts and houses both parking services and campus police.

As for the athletic department, we had a busy summer as well. We watched the new Field Turf being installed in Zable Stadium. As soon as the turf guys left, the track guys arrived and began work to resurface the track around the field. With this complete, the temporary bleachers arrived just in time for the first home football game.

UPDATE: Jimmye Laycock Football Center and Mont Linkenauger Athletic Training Suite

On September 15, 2006, using green and gold shovels and wearing hard hats painted to resemble our football helmets, college officials broke ground on the Jimmye Laycock Football Center, a \$10 million, 30,000 square foot building designed to include locker rooms, meeting rooms, coaches' offices, an equipment room, and an athletic training suite. The new building will be located outside of the northwest corner of the stadium. Construction will begin very soon.

The 3,900 square feet athletic training suite will be named in honor of **Mont Linkenauger**, long-time Tribe Athletic Trainer and Professor of Kinesiology. **Steve** and **Andy** have been involved in the planning of the building with the architects and facility designers, providing input on the design and layout of the athletic training space. Plans include areas for taping, treatment, and rehabilitation, a private physician exam room, and a hydrotherapy room that includes an aquatic therapy pool.

Again, we would like to invite each of you to be a part of this exciting new facility by making a contribution to help us equip the Mont Linkenauger Athletic Training Suite. Mont's dedication to the athletes under his care and the students in his classroom was unmatched. Likewise, the Mont Linkenauger Athletic Training Suite deserves state-of-the-art therapeutic modalities and rehabilitation equipment in order to continue the legacy of quality health care that Mont established many years ago. For more information on how you can honor Mont by contributing to the Mont Linkenauger Athletic Training Suite in the Jimmye Laycock Football Complex, please contact the Tribe Club at (757) 221-3350.



Congratulations are in order...

- **John Knaul** and Katie Coyle were married in the chapel at St. Bede's on July 29, 2006. They have built a house in the Williamsburg area. Katie teaches 3rd grade at DJ Montague and has Steve's daughter, Sydney, in her class.
- **Becky Erlich** graduated from Old Dominion Physical Therapy School in May, earning her Doctor of Physical Therapy degree. She is employed by Tidewater Physical Therapy in Newport News, VA.
- **Josh Cohen** announced his engagement to Kelli Duggan.
- **Maria Bartlett** announced her engagement to Ted Daly.
- **Peyton Owens** announced his engagement to Alicia Emerson.
- **Leann Martin** is engaged and a Fall 06 wedding is planned.
- **Jenni Giles** married former Tribe football player Brian Batchelor in July.

- **Heather Fedei** earned her Doctor of Physical Therapy degree from Temple University in May 2006.
- Former staff members **Jon Thompson** and **Becky Cordell** announced their engagement.

Tribe Sports Medicine Community Outreach

Virginia Academy of Family Practice Presentation

In July, Steve, Andy, and Dr. Potter, along with several other physicians from around the state presented a two-day workshop in Virginia Beach at the Virginia Academy of Family Physicians conference as part of the SMART program (Sideline Management Assessment and Response Techniques). The SMART program was developed to help primary care physicians become more competent and confident to serve on the sidelines as event physicians. Workshop rotations focused on evaluation of injuries of players in protective equipment, management of head injuries, and immobilization of a player with a suspected spine injury.

Riverside Family Medicine Residency Program

We continue to serve as the sports medicine rotation site for the Riverside Family Medicine Residency Program. This year, we organized two joint injection labs at the human anatomy lab in Adair for the residents to practice joint aspirations and injections. Dr. Ray McCoy was kind enough to open the lab for a couple of hours to a group of 15 residents and a couple of attending physicians serving as instructors to allow for hands-on practice of injections on the cadavers.

High School Sports Medicine Workshop

Our 6th William and Mary Sports Medicine Workshop was a great success. We were very excited to have Cramer Products as a sponsor of our workshop, and we would like to thank Vice President of Marketing of Cramer Products **Ed Christman** (and former Tribe athletic trainer) for his continued support of our program. Cramer helped us to market the workshop and provided some supplies and sponsorship funds. We had over 70 participants between the Basic and Advanced Tracks. As part of the deal with Cramer Products, schools received a free case of tape for each participant, and schools who sent three or more participants received a free athletic training kit for their supervising athletic trainer. This year, we also reached out to local high school athletic trainers by inviting them to serve as guest lecturers at our workshop for which they received a gift bag and product discounts from Cramer Products. We were pleased to have **Laura Nelson** and **Jared Howell** share their knowledge with our participants.

If you know of any high school students who are interested in sports medicine as a career, please encourage them to visit our website in the coming months for more information—we have already set a date for next year:

2007 William and Mary Sports Medicine Workshop
July 7-10

Stay Informed with Tribe Athletics.com

<http://www.tribeathletics.com>

Log on to follow your favorite Tribe teams. Also, be sure to follow the Sports Medicine link to the **Division of Sports Medicine Web Page** where you will find staff bio's and email addresses and alumni newsletters.

You can sign up for the Sports Information Email Hotline for instant updates about the Tribe teams in action. Simply visit the link below and follow the instructions:

<http://www.tribeathletics.com/hotline.php>

Alumni Update: Where are they now?

Steve saw **Leann Martin** at the Liberty football game. She is a physical therapist in Lynchburg. **Ginger (Ogren) Benziane** and her husband Mike just bought a house in Williamsburg. **Heather Fedei** moved to San Diego and is working as the lead cardiac therapist at Sharp Hospital. **Renée** saw **Sharon Rogers** in Atlanta at the NATA meeting—she is working at Duke University. We also spent some time with **Josh Cohen** in Atlanta—he is working as an athletic trainer at Texas A&M. **Martha (Simms) Mikell** and her husband Abe have moved to Stuart's Draft, Virginia. **Sarah Hensley** has moved back to Virginia Beach to work as an athletic trainer at a high school—she and her team physician attended the SMART workshop in July. **Tiffany Musick** has moved back to Pittsburgh and is walking 60 miles in November in San Diego to raise money for breast cancer research—her fundraising website is <http://www.the3day.org/SanDiego06/tiffanymusick> **Kate (McCarthy) Leary**, her husband Adrian, and their 1 ½ year old identical twin boys, Jack and Owen, live in North Wales, PA. Kate is working in private practice in Family Medicine. **Brad Miles** works as the Head Athletic Trainer at Valdosta High School—he and his wife, Nancy, have two daughters: Anna and Rosie. **Giti Khalsa** ran his first marathon in Ireland last year. **Peyton Owens** is the Director of Life Skills and Community Outreach in the athletic department at the University of Minnesota. **Michelle (Freeman) Butler** and her husband, Scott, have bought a house in Charles City, VA and she is working at the Williamsburg Winery. **Dr. Brian McGaughran** joined **Dr. Bob Pinto** in providing the chiropractic care of our student-athletes. **Matt Wallace** is working as an athletic trainer at Creighton University. **Aileen (Ruaya) Meyers** keeps us updated with extremely cute pictures of her boys, TJ and Brody. **Kevin Mahoney** is working in an outpatient physical therapy clinic in Rhode Island and is taking pre-requisite courses for PT school. **Jessica Meade** stopped by the athletic training room after the VMI football game—one of her former students is working in the athletic training room as an athletic training aide.

Keep in touch...

Please keep in touch with us. It's great to hear about all of the exciting things that our alumni do once they leave the Division of Sports Medicine. We'll be sending our annual Christmas card out again this year, so if your address has changed in the past year, please let us know by emailing Andy at jacart@wm.edu.

